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## **Free Divorce Options® Workshops offered by Collaborative Practice San Diego**

Any couple looking at a legal separation or divorce in California is welcome to sign up for a free Divorce Options(R) Workshop hosted by members of Collaborative Practice San Diego.

"Our members volunteer to conduct these programs. The seminars are free," said Liz Brown, President of the Collaborative Practice San Diego association. "These workshops are presented to inform people of their options when divorcing. The goal is to help people. Our members do not advertise their services or promote themselves during these sessions."

Divorce Options® Workshops are held each month virtually on Zoom. While the professionals presenting each program are from the collaborative practice group, Divorce Options® Workshops provides you with up-to-date, unbiased information about:

- Litigation, mediation and collaboration – the risks and the benefits of each process
- Legal, financial, psychological and social issues of divorce
- How to talk about divorce with your children
- Managing your emotions and changing family relationships

The Divorce Options® San Diego program is useful to anyone thinking about divorce or other relationship transitions including co-habiting couples with children or LGBT couples looking for a process aware and respectful of their unique needs.

Get the information you need to make an informed decision about the best



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process for your divorce. Please register by 5 pm the day before to get the Zoom link.

Learn more about the workshops and sign up for upcoming programs at <https://www.collaborativepracticesandiego.com/divorce-options-workshop/>

Collaborative Practice San Diego is an association of attorneys, mental health professionals and financial advisors working together to learn, practice, and promote Collaborative processes for problem solving and the peaceful resolution of family law issues, with an eye toward preserving the emotional, as well as the financial, assets of the family. Its goal is to transform the resolution of family law issues through respectful, Collaborative processes protecting the integrity and health of family relationships and eliminate the need of families to resort to court litigation.

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